



SEPTEMBER/OCTOBER NEWSLETTER

IMPORTANT DATES

MASTER RICORD WILL BE OUT OF TOWN 10/5 - 10/15

ZOOM CLASSES WILL CONTINUE

NO PRIVATE LESSONS DURING THAT TIME

CLASS SCHEDULE

THANK YOU TO THOSE STUDENTS WHO HAVE BE DILIGENT IN ATTENDING ZOOM CLASSES; YOUR DEDICATION IS BUILDING MORE THAN MUSCLES! KEEP UP THE GREAT WORK.

BEGINNING IN OCTOBER THERE WILL NO LONGER BE A 3:30 - 4:00 ZOOM CLASS.

CLASSES WILL BE OFFERED ON THE FOLLOWING DAYS AND TIMES

ZOOM TUESDAYS AND THURSDAYS
4:00 - 4:30 BEGINNER/INTERMEDIATE RANKS
4:30 - 5:00 ADVANCED RANKS

NEW!!!

IN PERSON WEDNESDAYS AT THE PARK
4:30 - 5:15 ALL RANKS

BROOKHAVEN PARK
13167 BROOKHAVEN ST
CERRITOS 90703
(INTERSECTION OF 183RD AND VICKIE AVE)

PRIVATE LESSONS

PRIVATE LESSONS ARE STILL AVAILABLE TO SCHEDULE
ON A FIRST COME, FIRST SERVED BASIS.
CONTACT MS. CHRISTINE TO SCHEDULE: OFFICE@OMSTAEKWONDO.COM

30 OR 60 MINUTE SESSIONS
AVAILABLE BETWEEN 5:30 - 7:30

30 MIN \$40
60 MIN \$60

TUITIONS INVOICES WILL STILL BE SENT AT THE END OF EACH MONTH AND
DUE ON THE FIRST OF THE FOLLOWING MONTH.

ZOOM

WHILE WE ARE IN A ZOOM ENVIRONMENT, PLEASE REVIEW THE
FOLLOWING EXPECTATIONS

- 1) STABLE INTERNET CONNECTION
- 2) VIDEO AND MICROPHONE ARE AVAILABLE AND ON
- 3) LOGIN AND BE IN THE WAITING ROOM BEFORE CLASS STARTS
- 4) DRESS IN UNIFORM AND PARTICIPATE AS IF STILL IN PERSON
- 5) POSITION YOUR TRAINING AREA SO THAT YOU HAVE ENOUGH
CLEARANCE ON EITHER SIDE OF YOU (APPROX 5FT ON EACH SIDE).
- 6) REMOVE ANY SHARP OR BREAKABLE OBJECTS IN THE AREA. IF YOU
HAVE HARD FLOORS, A YOGA OR FOAM MAT WOULD BE BENEFICIAL FOR
SOME OF THE TRAINING EXERCISES.

TESTING WILL STILL BE MADE AVAILABLE EACH QUARTER.

Topic: **OMS** ZOOM Class

Join Zoom Meeting

<https://us02web.zoom.us/j/2168709556?pwd=QINUZnh4dTdKeEZBUVZBL2loYWdudz09>

Meeting ID: 216 870 9556

Passcode: **OMS**